

# Circuit Sainte-Christine - Toull ar Ranig

- 1 Starting Point :** At the roundabout in Toull ar Ranig, turn right after the fire hydrant.
- 2 Wastewater Treatment Plant :** Commissioned in 2018, the wastewater treatment plant in Toull ar Ranig treats wastewater before it is discharged into the natural environment, specifically into the Caro stream. The plant complies with current European and French standards. It processes wastewater for 11,700 population equivalents (PE) with a nominal capacity of 4,000 m³ per day.
- 3 Caro Stream :** The stream rises in Toull ar Ranig, upstream from the wastewater treatment plant. It is cleaned annually by the AAPPMA (Association for Fishing and Aquatic Environment Protection). Flowing from east to west across the commune towards the Caro Pond, it eventually reaches Brest Harbor. It is home to several species of fish, including brown trout, eels and sculpins...
- 4 Washhouses of Kerthomas and Lostengoad :** Before the arrival of running water, these were popular meeting spots. In summer, if the Lostengoad washhouse dried up, locals went to Kerthomas.
- 5**
- 6 Veer slightly off the path** to see the telluric rock and “manholes”.  
50 meters up the road from the Point of Armorique, on the left, you'll find a standing “menhir” rock. It is said to be charged with telluric energy generated by “external” variations in the earth's magnetism and the conductivity of the soil, the latter due to the water vein 9 or 10 meters below the menhir. The “manholes”, located on the embankments some 300 meters away, are said by local residents to have been dug and occupied during the Second World War as observation posts.
- 7 Between Lostengoad and Sainte-Christine :** Today's wooded plots were once meadows used by herds or mown in summer. Others, the sunniest, were strawberry fields.
- 8 At the stream,** turn left. Follow along to the bottom of the village of Sainte-Christine.
- 9 Moving away from the path,** about 20 meters away, is the Sainte-Christine washhouse. A second washhouse is present in the heart of the village.
- 10 Arrival at Sainte-Christine Chapel :** A Latin cross-shaped building, the oldest parts of which date from the 17th century, houses several polychrome stone and wooden statues: Sainte-Christine, the Virgin and Child, Saint-Côme, Saint-Damien... The annual "Pardon" event is celebrated on the third Sunday of July. Near the entrance gable, there's a field for the traditional Breton game, "Kilhou Koz," which involves skill and dexterity in throwing a wooden ball at a fence to knock down pins. It consists of a rounded wooden palisade a good meter high, with 9 pins set up behind the player. The heavy wooden ball, thrown with great momentum and precision over the fence, then returns to the pins. The rules of the game are passed down orally from generation to generation.





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**DID YOU KNOW ?** The Breton name of the village "Toull ar Ranig" translates to "the frog's hole" in French.

**NOTICE TO WALKERS :** Your route passes through private paths under an amicable passage agreement. Please stay on the marked trail and respect ongoing professional activities. Follow the trail markers (yellow line). Mountain bikers are also encouraged to follow the same markers.



Easy

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**8 km** round-trip

2 hours

45 minutes

